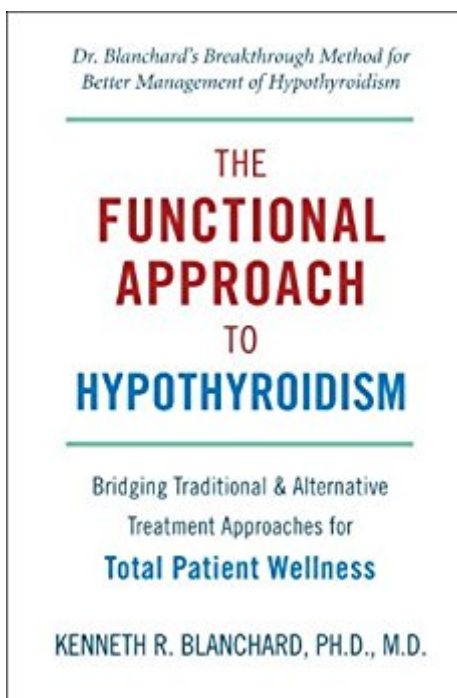




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# Functional Approach To Hypothyroidism: Bridging Traditional And Alternative Treatment Approaches For Total Patient Wellness



## Synopsis

The first comprehensive book to challenge the traditional teachings by presenting a more effective approach to treating hypothyroidism. For many years, treatment options for hypothyroidism have remained relatively unchanged and new treatments have been unexplored despite the fact that this disorder affects tens of millions of people in the United States. In *The Functional Approach to Hypothyroidism*, Dr. Kenneth Blanchard uncovers the truth about treatments and diagnoses and offers new insight into reducing symptoms for those with hypothyroidism. Patients and physicians alike will benefit from the wisdom and guidance found in this book. *The Functional Approach to Hypothyroidism* also includes explanations of:

- \* Why hypothyroidism is often misdiagnosed\*
- Misguided teachings on the treatment of hypothyroidism\*
- Effects of hypothyroidism on pregnancy, menstrual cycle, and fertility\*
- The connection between fibromyalgia and hypothyroidism\*
- The effects of hypothyroidism on weight, sleep, and motion sickness\*
- More effective treatments and advice for proper diagnosis

*The Functional Approach to Hypothyroidism* is based on the innovative findings of Dr. Kenneth Blanchard, a specialist in thyroid disease and menopausal hormone replacement therapy. Dr. Blanchard has treated over 1,000 patients with hypothyroidism with great success. Through this experience, he has developed a unique approach to the field and has simultaneously enabled patients to better understand their condition, treatments, and the current findings.

## Book Information

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## Customer Reviews

This book answers many questions about thyroid conditions. It amazes me how difficult it is to get doctors to diagnose thyroid problems because so many depend on blood tests only, and too often prescribe T-4 when in fact different approaches are necessary. This book was encouraging because it opened up possibilities for help that my doctors didn't agree with, so I kept searching. Finally I discovered that I was a poor T-4 converter and have miraculously recovered with mild doses of of T-3. I'm grateful that this topic is being studied and published. This book is valuable.

This book is a summary of Dr. Blanchard's many years of experience treating hypothyroidism. I hope that physicians and patients alike will keep an open mind about the treatment of hypothyroidism when reading his book. I believe he is absolutely a patient advocate. I have read both of his books and would highly recommend them to anyone who has not had success with the "standard of care" of T4 only treatment, or even someone who has not become symptom free on various T4 with T3 combinations. It could just be that they have not found the correct combination for their bodies. This book is an easy read.

I was blown away by the information in this book. Even though I know a great deal about the thyroid, the information in this book is revolutionary. I have since started seeing Dr. Blanchard as a patient and am so grateful that he is still practicing. I just hope that the approach he uses starts being used by other endocrinologists, because t4, and very, very low t3, for example, 1.5 mcg, is the way to full recovery. Even with Armour, I never made made a full recovery until this new approach.

An endocrinologist who actually cares how his patients feel? This is hands down the best thyroid book I've ever read and I would compare it to the brilliant original work of Dr. Broda Barns. If you need to understand exactly how thyroid replacement fails and how doses should be optimized then this book is a must read! All physicians should read this book in medical school! The specific benefits include:1. Why TSH values can fail to reflect true thyroid status2. T4/T3 dose and ratio optimization3. Seasonal and premenstrual adjustments4. Taking with food or at night

As a psychiatrist, this book has given me great interest in further studying functional medicine. It makes me wonder if I have been missing something in the care of my patients.

Dr Blanchard book is an eye opener for all the thyroid patients even after T.T. and THYROID Drs. who treat thyroid patients that T4 is not all . Healthy human thyroids have T4 and T3 . And Dr Blanchard explains it very well . One needs a small amount of T3 to the higher T4 . All Drs .should take a lesson from Dr Blanchard how to deal with thyroid patients and thyroid patients to be . TSH is not an indicator of thyroid problems . Dr Blanchard shows us in his wonderful book that SYMPTOMS of patients MATTER . THANK YOU Dr Blanchard for having our well being your very first consideration . Lets hope your message spreads far so other Drs can treat us the way we need to be treated to our fullest and best health and well being .

When I read this book, I understood so much more about myself and my hypothyroidism. I have subclinical hypothyroidism, which is to say other doctors (post-diagnosis) have told me that my TSH is a little low, but I don't have hypothyroidism. I have a lot of the symptoms that Dr. Blanchard describes, and it made me swear to treat my hypothyroidism a little better.

I am implementing some of the suggestions in this book. All of the situations the author described when writing responses from a typical physician were right on the money. I took this book to my doctor.

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